

Alexandra “Alec” Addleton Rigdon

* Visual Artist * Professional Helper *

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* Further information & images available by request *

Professional References

- Peter Block, 404-484-9060, peter@peterblockarchitects.com
- Jennifer Robinson, LMFT, 678-469-0505, jrobinson@emergehealingcenter.com
- Dr. Angie Anderson, 540-589-8243, angie.anderson@my.gcu.edu

Education, Training, & Certificates

- **2024** CPR Certification
- **2023** Joined the American Counseling Association (ACA); Joined the International Society of Experiential Professionals (ISEP); received Certification for Experiential Therapist Level 1 (CET1); received American Academy of Psychotherapist (AAP) Scholarship.
- **2022** Certificate for Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) & Suicide Prevention Lethal Means Counseling.
- **2021-current** maintaining a 4.0 GPA as a Clinical Mental Health Counseling (CMHC) master’s student at Grand Canyon University.
- **2010** Graduated Summa Cum Laude with a Bachelor of Fine Arts in Sculpture & a minor in Psychology from Georgia State University, which included a summer abroad in 2007 for Art, Culture & Education in Ghana, West Africa, & in 2009 at the Scottish Sculpture Workshop in Lumsden, Scotland.

Experience

- **2024** Clinical intern for mental health & dual diagnosed SUD & PTSD clients at Emerge Healing Center (EHC) in Alpharetta, GA.
- **2023** awarded “Best of Show” at Tifton Arts Council fall Arts Affair Competition; completed interior floor triptych at Brash Coffee, Atlanta, GA; 700 sq. ft. interior mural & another 500 sq. ft. 3D installation at the Nardelli residence, Atlanta, GA; exhibited seven 24”x 36” prints of original art at “On the Fridge” a 404day event at Our Bar, Atlanta, GA.
- **2022-current** group facilitation at EHC.
- **2022** completed interior mural in Morningside, two interior & one exterior murals at Brash Coffee, Atlanta, GA.
- **2021** completed a series of five small custom sculptures inspired by the core values of MerchLogix, Inc. Smyrna, GA.
- **2020-2023** *The Fruits of the Spirit* series of eleven 18”x 24” mixed media works on paper in collaboration with Nick Downey & MerchLogix, Inc. resulting in time-lapse videos.
- **2020** contributed custom painted bulldog for fundraising auction at Georgia English Bulldog Rescue, Atlanta, GA; *Cracked* 11” x 14” mixed media included in *PLAYA Anthology 2019* publication, Summerlake, OR.
- **2019-current** contribute various custom designs for Om Grown Art, made in Dallas, GA & sold all over the U.S.
- **2019** restored wheels, cannons, wagons, part of canvas & painted entryway mural of *The Battle of Atlanta* Cyclorama, Atlanta History Center. Press published in “The Georgia Connector” & featured personal interview on FOX News; participated in artist residency with Gail Foster & created over six original works at PLAYA in Summer Lake, OR.
- **2018-current** professional mentor for complex cases through Rise Within, Atlanta, GA.
- **2018** watercolor, graphite, & chalk illustrations featured in the following three published books: *Recipe for Press*, by Amy Flurry, *Blue Weeds*, by Francois Meaux, & *Neadwerx: The Chalkboard Files*, by Nickolas Downey; customized packaging, interior menu & installed two window displays for Cacao, a local chocolatier in Virginia Highlands, mural at Diakoneo Capital Management, mural & menu at Piu Bello Pizzeria & interior mural at Brash Coffee; mentored SUD & PTSD clients for eight weeks through “Art Rescuing Those Struggling” resulting in a successful fundraising exhibition at The Granite Room in Castleberry Hill & facilitated groups at EPRC SUD treatment in Atlanta, GA.
- **2017** Bomb Sauce “Lost in the Sauce” marketing campaign, label concept development, new product design, painted three 6’ x 6’ oil paintings for Big Bang, & painted a 6’ x 4’ oil color field painting for an interior designer’s event at the home of Asha Chaudhary, CEO of Jaipur Rugs, Atlanta, GA.
- **2016** completed two interior murals at Vape Parkway & over ten large interior chalk murals at various Big Bang locations in Atlanta, Marietta, Roswell, Sandy Springs, & Alpharetta, GA.
- **2015** completed large-scale custom chalk art for Triton Distribution in Denton, TX & two sculptural installations for Jaipur Rugs AmericasMart Showroom, awarded “Best Visual Display” in Atlanta Summer Interiors Market.
- **2014-2022** completed on-site Nead Werx 10’ x 4’ chalkboard drawings bimonthly, Smyrna, GA.
- **2013** designed pins for Sochi Russia Winter Olympics with Vladimir Putin doing various winter sports for Around the Rings.
- **2011-current** vigorously serves local & regional recovery community upon establishing stable recovery lifestyle, OR & GA.
- **2005-current** private commissions include oil, watercolor & acrylic paintings, colored pencil, graphite, chalk drawings, mixed media pieces, sculptures, ceramics, tattoo, t-shirt, product designs, album covers, illustrations, portraiture & more.